

Office of Director RCEME
National Defence Headquarters
Ottawa ON K1A 0K2



2184-1000-6 (RCEME Nijmegen OPI)

December 2018

Distribution List

DIRECTOR RCEME COMMUNIQUÉ No 07/2018 RCEME 75th NIJMEGEN TEAM NOMINATIONS

References: A. CANFORGEN 202/18

B. Director RCEME Communique No. 08/2017 – RCEME 75th Anniversary Strategic Plan, dated 07 September 2017, available at <http://rcemecorpsgemrc.ca/headquarters/communique>

AIM

1. The aim of this communique is to inform the RCEME community on the process for a member to apply to be part of the training and selection process for the 75th RCEME Nijmegen Team.

BACKGROUND

2. In 2019 the Corps will reach a major milestone and celebrate its 75th Anniversary. Nijmegen is intended to be a capstone 75th activity that will form part of a larger plan. RCEME members have participated in past Nijmegen Marches but 2019 marks the first time a collective RCEME team will be fielded.
3. RCEME intends to force generate an 11-person team in accordance with the guidance at Reference A. The Team Leader and Second-in-Command have been selected by the Corps Governance from within the National Capital Region. In order to best reflect RCEME demographics the remainder of the team will be selected from RCN, RCAF, CA divisions and other participating Level 1 organizations. A key Corps goal is to ensure representative Reserve Force participation and the anniversary project team will influence events to this end.

PROCESS

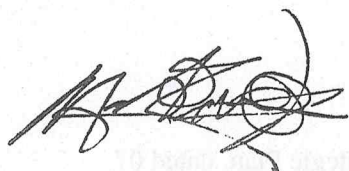
4. The Corps team will be comprised of all ranks/all trades based upon merit and willingness to participate in the Nijmegen March. The respective Level 1 chain-of-commands will locally identify the RCEME team participants, conduct screening and undergo work-up training commencing in early 2019. Normally participants train individually until end-March followed by a period of several months where collective team training gradually increases the physical demands. During the selection process there will be two team evaluations, assembled in a central geographic location before the final team selection is made in order to evaluate the marchers and build group cohesion prior to deployment.
5. Initially there will be no limit on who can apply for the training and selection. By 1 May 19, each region (RCAF, Western, Central, Quebec, Atlantic, Training System, NCR & Op Comd and Northern) must submit two names of final nominees for the team evaluation and selection. Should a regional rep not be able to produce two names as nominees, then there will be a decision to select members from other regions if applicable. During the team evaluations the team leader and 2IC will make the final selection for the team.

6. Timeline: All interested individuals are to fill out the nomination form at Annex A and submit to their chain of command for approval. All nominations have to be signed and submitted to the Nijmegen Team Leader and Second-in-Command no later than **25 January 2019**.

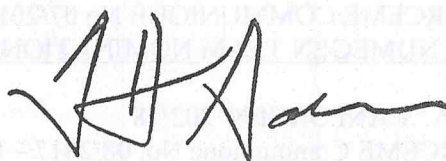
CONCLUSION

7. Identification of nominees who show strong esprit du corps, diversity, teamwork and are willing to complete the four days march is key for ensuring a successful, effective, RCEME Nijmegen team.

Arte et Marte



N.P.M Corriveau
Colonel
Director RCEME



J.H. Saunders
Chief Warrant Officer
RCEME Corps SM

Annexe:

Annex A – 75th RCEME Nijmegen Application Form

Distribution List (Via Email only)

Action

All RCEME Regional Network Sr Reg Reps

Info

RCEME Council members

APPLICATION FORM
NIJMEGEN RCEME TEAM

SECTION A - PERSONAL DATA - RENSEIGNMENTS PERSONNELS			
RANK - GRADE	SURNAME - NOM	FIRST NAME - PRÉNOMS	SEX - SEXE
			MALE FEMALE
UNIT - UNITÉ		TRAINING TEAM - ÉQUIPE DE FORMATION	
SECTION B - MEMBER DECLARATION - DÉCLARATION DU MEMBRE			
<p>a. I hereby declare that I will give my fullest and most dedicated effort to train for this event. I understand that the four-days march is a demanding event which I need to maintain a high standard of fitness.</p> <p>b. I will invest some of my personal time for training. This will include weekends and holidays.</p> <p>c. I accept that there may be personal costs while conducting training and I am willing to pay out of pocket without the possibility of a refund. (ie. Boots, socks, insoles, specialty personal kit, etc)</p> <p>d. I accept that even if I successfully complete all of the training that I may not be selected for the team.</p> <p>e. I will be honest with the RCEME OPI and 2IC about my physical and mental health as it pertains to the march. Should there be an issue and I cannot train any longer then I will inform the team OPI and/or the 2IC immediately.</p>		<p>a. Par la présente, je déclare solennellement que je me dévouerai entièrement et fournirai tous les efforts nécessaires à l'entraînement de cet événement. Je comprends que la marche de quatre jours est un événement exigeant qui demande le maintien d'un niveau élevé d'entraînement.</p> <p>b. Je vais devoir investir une partie de mon temps personnel pour l'entraînement. Ce qui pourrait inclure les fins de semaine et congés fériés.</p> <p>c. J'accepte qu'il pourrait y avoir des coûts engendrés à l'entraînement et je suis d'accord à déboursier de mes propres moyens sans possibilité de remboursements (ex: bottes, bas, semelles, matériel spécialisé personnel, etc...).</p> <p>d. J'accepte que même si je termine avec succès tous les entraînements, je ne serais peut-être pas sélectionné pour l'équipe.</p> <p>e. Je serais honnête avec le BPR GEMRC et son adjoint à propos de ma santé physique et mentale en ce qui concerne les marches. S'il y a un problème et que je ne peux plus m'entraîner, je devrais en informer le BPR de l'équipe et/ou l'adjoint immédiatement.</p>	
Signature		Date	
SECTION C - SUPERVISOR RECOMMENDATION - RECOMMANDATION DU SUPERVISOR			
RANK - GRADE	SURNAME - NOM	Signature	Date
SECTION D - Commanding Officer - COMMANDANT			
Approve / Not Approved			
RANK - GRADE	SURNAME - NOM	Signature	Date
SECTION E – RCEME 75th REGIONAL REPRESENTATIVE - REPRÉSENTANT RÉGIONAL DU GEMRC 75e			
RANK - GRADE	SURNAME - NOM	Signature	Date
** When submitting the application form for chain of command approval, please attach a copy team's training calendar. (see next page)			

JTF NIJMEGEN 2019 RCME TEAM TRAINING PLAN									Weekly Training (km)					
Month	Week	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Indiv	Team	Total	Notes		
PHASE I COMMENCES - INDIVIDUAL TRAINING														
January	-27	6	7	8	9	10	11	12	0		0	#NAME?		
	-26	13	14	15	16	17	18	19	0		0			
	-25	20	21	22	23	24	25	26	0		0			
	-24	27	28	29	30	31	1	2	0		0			
February	-23	3	4	5	6	7	8	9	0		0			
	-22	10	11	12	13	14	15	16	0		0			
	-21	17	18	19	20	21	22	23	0		0			
	-20	24	25	26	27	28	1	2	0		0			
March	-19	3	5	4	5	5	6	7	8	9	18			
	-18	10	8	11	12	10	13	14	10	15	28			
	-17	17	10	13	19	15	20	21	15	22	40			
	-16	24	15	25	26	15	27	28	20	29	50			
PHASE II COMMENCES - TEAM TRAINING														
April	-15	31	1	20	2	3	15	4	10	5	6			
	-14	7	8	9	15	10	11	15	12	15	13			
	-13	14	15	25	16	17	20	18	15	19	*	*Good Friday		
	-12	21	2	2	23	15	24	25	20	26	20	27		
May	-11	28	29	20	30	1	15	2	15	3	4			
	-10	5	6	25	7	8	30	9	20	10	11			
	-9	12	13	20	14	15	Travel	16	30	17	30	18		
	-8	Travel	19	#	21	15	22	20	23	24	25			
	-7	26	27	28	20	29	25	30	35	31	1			
June	-6	2	3	15	4	Travel	5	40	6	40	7	8		
	-5	9	10	15	11	12	10	13	15	14	15			
	-4	16	17	18	15	19	20	30	21	30	22			
	-3	23	#	25	20	26	30	27	25	28	29			
July	-2	30	1	2	20	3	20	4	20	5	6			
	-1	7	8	10	9	10	10	11	12	13				
	0	Adm	14	Adm	15	16	40	17	40	18	40	19	R&R	20
	+1	R&R	21	Rtn	22	23	24	25	26	27	136	915	1051	

	Aerobic Workout – run, bike, row, elliptical, stairs (vary your routine)
	Muscle/Aerobic/Sport Workout (see optional workouts plan)
	Individual Marching
	Team Training
	Team Assessment
	Holiday
	Deploy Op Nijmegen
	OPRED declaration